**I just spoke to my son’s father**. He made some excellent points during our conversation. Today, being Mother’s Day, he had an opportunity to hear his mother say that, he has been like her father over the past years since his father departed.

He cares for her and therefore, when he can, he admonishes her, when she gets hurt from various accidents, as sometimes the elderly do.

Since his voice tone is masculine, he reminds her of her father. He speaks to her like that, when certain situations occur to warn and protect her.

This situation reminded me of the many people, from my generation, who now have the responsibility of taking care of their parents.

There was a time, when our parents had the responsibility of taking care of us, however as time continues to go by, we now become the source that volunteers to take care of them.

There is a saying, “What comes around, goes around”. For this reason, parents and those in authority should realize, that the way we train up a child is going to probably be the way that same child will respond back to us as the years pass forward.

If we are patient with someone, we should receive patience from that person. If we are kind to a person, we should receive kindness from that person. This principle continues all throughout life. What we give out is what we usually receive back.

Only a selected few can be put in a position, where they may be around a person, with a difficult personality and still know how to remain in a peaceful state of mind. Those types of people refuse to allow anyone, to steal their inner joy.

We all may not be able to adapt to life’s circumstances, like them, however it is possible to learn how to strive for peace in all situations that come our way.

As we walk the pathways of life, and find that more responsibility is put before us, in our private life or the business world, we should remember that our tone of voice and our mannerisms will communicate to others, whether we can handle things and endure.

If we are conscious of our daily behavior, then we can decide to exhibit kindness and patience with one another. A wink or a smile can be the medicine to heal a heart. We have the choice to give some love to everyone we meet. Our inner spirits are revealed each day to those around, and we show our confidence, strength and wisdom by remaining in peace through prayer. Then others will see our powers that are sent from above.

Giving care to a love one, may not be , and with the modern facilities, most of us will not have to travel down that path. However, we must remember, that giving care, sharing experiences and/or visiting someone, who is further down this line of life, can become a learned, peaceful process. We should have faith and not doubt in our tenacity to handle any situation that may come our way. Most times we may worry about something that may never occur.

In the meantime, I enjoyed hearing the story of my son’s father and that moment when his mother compared him to her father. Our memories can be a joy and for her, it was a reflection of a good moment in her life.

We walk in each day, through moments of time. In my walk, I have found that, to date, nothing has been put on me that I could not handle, with prayer, and I believe this to be true for us all.

It is written from strong men who walked this earth many years before us, that “I can do all things, through Christ who strengthens me”.

Older people, who went through many healthy experiences, can teach us of the methods that they use to endure the struggles of life. We should listen and learn. It may prevent us from making some of the same mistakes.